

# Bellevue Medical Imaging, PLLC

1400 116<sup>th</sup> Ave NE Bellevue, WA 98004  
Phone 425-454-1700 Fax 425-454-0600 [www.bmirad.com](http://www.bmirad.com)

Office Hours: M-F 7am-8pm

Sat 8am-3pm

See exam preparations, map and directions on back.

**PLEASE FAX TO: (425) 454-0600**

Patient Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone Number(s) (\_\_\_\_) \_\_\_\_\_ Insurance/Auth # \_\_\_\_\_

Referring Physician \_\_\_\_\_ Phone(\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

BMI to call patient to schedule     Referring Office to call patient to schedule

Report delivery:     Routine     Stat     Send CD w/ Pt.     Send CD to Office

Clinical Signs or symptoms (required) – ICD-9 codes are helpful \_\_\_\_\_

Contrast Allergies  Yes  No    Pregnant  Yes  No    Breast Feeding  Yes  No

**APPOINTMENT DATE:** \_\_\_\_\_ **TIME:** \_\_\_\_\_

## Study

## Area of interest

**MRI\***     Contrast (as needed)     Angio     Arthrogram \_\_\_\_\_

**CT\***     Contrast (as needed)     Angio     Arthrogram \_\_\_\_\_

**Ultrasound\***     Breast     Abdomen     Pelvis \_\_\_\_\_

**Plain films** \_\_\_\_\_

**Fluoroscopic exam\***     UGI     Ba Swallow     BE \_\_\_\_\_

**Screening Mammogram** - upgrade to Diagnostic Mammogram if indicated

**Screening Mammogram with Ultrasound** if indicated

**Screening Mammogram only** - referring office to be called prior to further imaging

**Diagnostic Mammogram** - with Ultrasound, Biopsy or Galactogram if indicate

Please indicate area of interest and quadrant \_\_\_\_\_

**DEXA\***

**Other** \_\_\_\_\_

*PLEASE SPECIFY PRIOR RELEVANT IMAGING STUDIES—THIS IS VERY HELPFUL.*  
Study \_\_\_\_\_ Facility \_\_\_\_\_ Exam date \_\_\_\_\_

*\* Exam requires a prep. See reverse side.*

# PLEASE ARRIVE 15 MINUTES PRIOR TO YOUR EXAM TO CHECK IN

## MRI

Please notify BMI if you are pregnant, could be pregnant, breast feeding, have a pacemaker or heart valve, brain aneurysm clips, or have a history of metal in the eyes.

- Abdomen and pelvis – Nothing by mouth 4 hours prior to your exam and please arrive with an empty bladder.
- Breast MRI – Study needs to be done 7-10 days after the first day of your cycle. Nothing by mouth 4 hours prior to your exam. If you are apprehensive about your exam or are unable to remain still for 45 minutes we will administer a relaxant. You **must** bring a driver and arrive 1 hr prior to your appointment.

## CT

STAT cases may not require any preparation. Please call BMI for instructions.

- If your study requires IV contrast, take nothing by mouth 4 hours prior to your exam.
- Cardiac Score – No caffeine or nicotine product used 4 hours prior to study.

## ULTRASOUND

STAT cases may not require any preparation. Please call BMI for instructions.

- Abdomen – Nothing by mouth 8 hours prior to your exam.
- Pelvic, OB, and Renal -- Finish drinking four 8 oz glasses of water one hour prior to your exam (please do not use the restroom). Note: after 28 weeks of pregnancy, only two glasses are necessary.

## DEXA

- Do not take calcium supplements (including TUMS or calcium-containing multivitamins) or osteoporosis medication 24 hours prior to your study.
- Please bring a list of your current medications to your appointment.

## DIAGNOSTIC RADIOLOGY

- UGI and Small Bowel Follow Through – Nothing by mouth (including chewing gum) 8 hours prior to your exam.
- Barium Enema – Please call Bellevue Medical Imaging for patient prep at least 4 days prior to your exam.

## HYSTEOSALPINGOGRAM OR HYSTEOSONOGRAM

- Please call Bellevue Medical Imaging with questions about patient prep.

## FINDING BELLEVUE MEDICAL IMAGING Second Floor Entrance (South side of Building)



### From 405 Northbound:

- Take exit #12 towards 116<sup>th</sup> Ave.
- At top of ramp, turn left onto 116<sup>th</sup>.
- Proceed on 116<sup>th</sup> Ave NE.
- Turn right into our parking lot before the intersection at NE 12<sup>th</sup> Street.

### From 405 Southbound:

- Take exit #13B for NE 8<sup>th</sup> Street.
- Keep right at fork in ramp.
- Merge onto NE 8<sup>th</sup> Street eastbound.
- Turn left onto 116<sup>th</sup> Ave NE.
- Turn right into our parking lot before the intersection at NE 12<sup>th</sup> Street.